

Come Discover an Unexpected Paradise - join our 7-Day *Life Changing Hydration Get-away* at the...

Discount for  
USVI Locals



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# Alkalize & Energize Wellness Retreat



in Gorgeous, Breathtaking

U.S. & British  
Virgin Islands

October 9<sup>th</sup> through 15<sup>th</sup> 2016



**Who Else Wants to Experience a Unique, One-Of-A-Kind Immersion-Style Retreat for Purification and Relaxation in an Astonishing Tropical Setting while Learning How to Balance Your Body and Your Mind...?**

**Your Transformative Event Includes THREE Distinct & Revitalizing Segments;**

**A)** We begin your journey into vibrant health, crystal-clear mind and bright spirits in sunny Miami Beach, Florida at the infamous Russian & Turkish Baths; founded in New York in 1892, Russian & Turkish Baths is a labyrinth of exotic saunas, therapeutic steam rooms, and sumptuous massages where you can escape everyday stresses to relax, transform, recuperate, rejuvenate, and wash away all the tensions of everyday life.

**B)** Then you're transported 1,100 miles southeast for one full week on "The Jewels of the Caribbean"; St Thomas & St John, United States Virgin Islands. Surrounded by the clear blue waters of the Caribbean, St Thomas boasts one of the most beautiful harbors in the world and is full of energy as the most visited port in the Caribbean, offering elegant dining, A-rated beaches and possesses numerous sublime natural splendors, such as stunning views of the Caribbean from 1,500 feet above sea level. St. John Island, predominantly a national park is a nature lover's favorite with a comfortable pace, is perfect for enjoying the island's world-renowned beaches offers hiking, camping and breathtaking views.

**C)** We conclude your amazing transformational experience with a Yacht excursion to spend the closing day at the world-famous "Baths" on Virgin Gorda, British Virgin Islands; a stellar natural attraction with exotic, refreshing pools and grottos formed by giant boulders strewn across peaceful sandy beaches.

**There's never been any event like this and it's sure to transform lives... from the inside out!**

Along the way you'll learn how to eliminate all ailments within, strengthen your immune system, and make a healthy change that will last a *lifetime*!! You'll even learn how to help and assist your friends and family members with their health situations. You'll kick yourself if you miss this once-in-a-lifetime experience! \_\_\_

**→ → Attendance is extremely limited! Book Today! ← ←**

In addition to learning to eat {not dieting and won't 'deprive' you} and exercise correctly for optimum, long-lasting health, here's what you may expect from your **Alkalize & Energize Hydration Wellness Retreat:**

- ✓ Natural, sulfur & mineral spring therapy
- ✓ Invigorating Jacuzzi Hot-Tub
- ✓ Therapeutic Massages Bodywork
- ✓ Healthful Infrared Sauna (Yes, as seen on Oprah)
- ✓ Daily Yoga / Tai' Chi / Assisted Stretching
- ✓ Rejuvenating Foot Detox baths Reflexology boot sessions
- ✓ Healthy Gourmet cooking classes & Diet & Meal Planning
- ✓ Biofeedback Frequency analysis and Body-Scan
- ✓ Colon hydrotherapy and internal cleanses
- ✓ Tranquil Entrainment session
- ✓ Exfoliate Mudder-Earth™ body scrub
- ✓ Cutting-edge, FACT BASED health education
- Fasting & Detoxing Protocols - for those who choose... and Much More!

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**Book by August 15<sup>th</sup> and receive a Special Gift - Valued at \$500.00!**

**Come learn how to simplify your life, increase your energy, vitality and stamina... even libido! You will leave with tools to help yourself and your loved ones, stay healthy, for the rest of your life.**

Take advantage of this opportunity of a lifetime and begin your journey to Vibrant Optimum Health

Contact us online or  
9160 Estate Thomas  
Suite #221  
St Thomas, USVI 00802

[www.HealthWellnessRetreat.com](http://www.HealthWellnessRetreat.com)

Call 340-775-5029 today

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**YOU'LL KICK  
YOURSELF IF YOU  
MISS THIS ONE!!!**

***Get Away from the Rat Race and Achieve the Healthy Balance and Energy that is Your Birthright!***